



2020 OWHA U18 HIGH PERFORMANCE PROGRAM

The OWHA is selecting two teams to attend the U18 National Championship in Dawson Creek, British Columbia in November 2020.

PLEASE NOTE THERE ARE TWO COMPONENTS TO THE U18 HIGH PERFORMANCE PROGRAM

- 1) OWHA U18 MAY 2020 OFF ICE TESTING, STRENGTH AND CONDITIONING CAMP – THIS IS BY OWHA INVITATION ONLY, NOT ALL PLAYERS ATTENDING THIS CAMP WILL BE INVITED TO THE OWHA U18 JULY 2020 HIGH PERFORMANCE SELECTION CAMP**
- 2) OWHA U18 JULY 2020 HIGH PERFORMANCE SELECTION CAMP**

PLEASE REVIEW BELOW INFORMATION ON THE 2020 OWHA - U18 HIGH PERFORMANCE SUMMER DEVELOPMENT/TRYOUT CAMP FOR SELECTION TO REPRESENT ONTARIO AT THE U18 NATIONAL CHAMPIONSHIP IN BRITISH COLUMBIA

THE 2020 OWHA U18 HIGH PERFORMANCE STRENGTH AND CONDITIONING CAMP IN MAY 2020 IS BY OWHA INVITATION ONLY – THIS IS NOT AN APPLICATION PROCESS

This camp is for OWHA registered players and will be by INVITATION ONLY. Athletes will be invited to attend no later than May 1, 2020. Only players selected to attend will be contacted by the OWHA.

This camp is strictly off ice. Athletes will go through a group of physical testing and educational components.

THE 2020 OWHA U18 HIGH PERFORMANCE CAMP IN JULY IS BY OWHA INVITATION ONLY – THIS IS NOT AN APPLICATION PROCESS

This camp is for OWHA registered players and will be by INVITATION ONLY. Athletes will be invited to attend no later than June 1, 2020. Only players selected to attend will be contacted by the OWHA.

The OWHA U18 High Performance Program provides an opportunity for selected athletes to participate in an OWHA U18 High Performance Summer Development/Tryout Camp and possibly be selected for our provincial team(s).

HOW ARE THE ATHLETES SELECTED TO ATTEND THIS OWHA U18 HIGH PERFORMANCE SUMMER DEVELOPMENT/TRYOUT CAMP

Athletes will be identified and selected to attend this OWHA High Performance Camp through extensive scouting, evaluation performed by the OWHA Head Scout and his team of evaluators.

Athletes will be scouted and evaluated at OWHA, Hockey Canada sanctioned events. Only successful athletes selected through this process will be notified of their acceptance to the OWHA U18 High Performance Summer Development/Tryout Camp by June 1, 2020.

NUMBER OF ATHLETES:

Approximately eighty OWHA registered athletes will be invited to attend the OWHA U18 High Performance Summer Development/Tryout camp.

Athletes must be registered with, and play on, an Ontario Women's Hockey Association team during the 2019-2020 and 2020-2021 seasons to be eligible to attend the OWHA U18 High Performance Summer Development/Tryout Camp.

HOW DOES THE ATHLETE EVALUATION PROCESS AND SELECTION WORK

The OWHA will identify a select number of athletes out of the OWHA U18 High Performance Summer Development/Tryout Camp who will be considered for Team Ontario Blue and Team Ontario Red. Continued scouting and evaluation of the select number of athletes who were identified out of the OWHA U18 High Performance Summer Development/Tryout Camp process will occur up until the notification of athletes that they were successful in making one of the two teams.

Only athletes who were successful in making one of the two teams will be notified on or before the date of September 30, 2020.

Please note, the OWHA will be bringing a selected third team of 2004's into the October camp for development and identification purposes which will be notified on or before the date of September 30, 2020.

Please note the OWHA reserves the right to bring in athletes at any time to the OWHA U18 HP program who were not originally invited to the July 2020 camp.

HOW MANY TEAMS WILL THE OWHA SEND TO THE U18 NATIONAL CHAMPIONSHIP?

The OWHA will select two teams to attend the U18 National Championship in Dawson Creek, British Columbia in November 2020. The teams will be identified as Team Ontario Blue and Team Ontario Red.

WILL SUCCESSFUL ATHLETES BE BROUGHT TOGETHER FOR A PRECAMP(S) BEFORE THE NATIONAL CHAMPIONSHIPS?

YES – the OWHA will have a pre camp(s) for Team Ontario Blue and Team Ontario Red. Details of camp(s) will be forwarded to athletes upon notification of being selected to Team Ontario Blue and Team Ontario Red.

WHAT AGE GROUP QUALIFIES TO BE INVITED TO ATTEND THE OWHA U18 HIGH PERFORMANCE SUMMER DEVELOPMENT/TRYOUT CAMP IN 2020?

- Players invited to attend this camp will be born in the years **2003** and **2004** ONLY.

DATE OF CAMP:

- **July 16-19, 2020**

LOCATION:

- Nottawasaga Inn and Resort

COST:

- \$850

NOTE:

- Accommodations, meals, jerseys, ice time and all on/off ice programs are supplied by the OWHA through the athlete registration fee.

COACHING APPLICATIONS:

<https://www.surveymonkey.com/r/MQJMDZZ>